MEETING SPIRITUAL AND PHYSICAL NEEDS

Physical needs: items for survival, such as food and water.
Spiritual needs: access to the Bible, understanding a relationship with God, and spending time with God’s people.

Instructions: For the following items below, write P for items that are meeting physical needs and S for items that are meeting spiritual needs.

1. Leading others in singing worship songs
2. Reading a Bible passage to others
3. Collecting canned food items to give to others
4. Asking for prayer requests and praying with others
5. Collecting jackets and blankets to give to others
TUG-OF-WAR

Instructions: In the game tug-of-war, a rope gets pulled in opposite directions. Read the Bible passages below and circle which side gets tugged in a conversation about delivering hope.

6. Proverbs 22:9 “The generous will themselves be blessed, for they share their food with the poor.”

   PHYSICAL NEED  
   [Diagram of two people pulling on the left side]  
   SPIRITUAL NEED  

7. Matthew 6:33 “But seek first the kingdom of God and His righteousness, and all these things will be added to you.”

   PHYSICAL NEED  
   [Diagram of two people pulling]  
   SPIRITUAL NEED  

8. Luke 3:11 “And Jesus answered them, ‘Whoever has two tunics is to share with him who has none, and whoever has food is to do likewise.’”

   PHYSICAL NEED  
   [Diagram of two people pulling]  
   SPIRITUAL NEED  

9. Matthew 28:19 “Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit.”

   PHYSICAL NEED  
   [Diagram of two people pulling]  
   SPIRITUAL NEED  

10. Write an example of how you could help someone living in poverty in a way that meets both physical and spiritual needs.